


FEBRUARY | 2018

Zion Christian Schools

Student Lunch - \$2.65 or Reduced Price \$.40, Milk Only (for all students) - \$.50, Adult Lunch - \$3.40, Extra Main Item w/ Lunch purchase - \$1.65

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
This week was on January, 2018 Menu				
5 Mozzarella Sticks With Marinara Sauce for dipping. Potato Smiles	6 Whole Grain Mini Blueberry Waffles with Pancake Syrup Turkey Sausage TriTator	7 Chicken Fries with Cheddar Pretzel Bosco Stick Steamed Vegetable Medley	8 Walking Taco with Beef Taco Meat Shredded Cheddar Cheese Nacho Doritos® Shredded Lettuce Roma Tomato Refried Beans, Golden Corn Sidekick 100% Fruit Slushie	9 PIZZA DAY 
12 Macaroni & Cheese Steamed Broccoli Rice Krispie Treat	13 Cinnamon French Toast Turkey Sausage Baked Tater Tots	14 Boneless Chicken Wing Nuggets  Bbq Sauce Cup or Honey Cup for dipping Mashed Potatoes and Chicken Gravy Keebler® Gripz® Chocolate Bites	15 Bulldog Dippers with Marinara Sauce Roasted Redskin Potatoes	16 PIZZA DAY 
19 Winter Break for BCPS Yogurt Lunch Yoplait Yogurt Cup, Carrots String Cheese, Sliced Apples & Caramel Dip, President Vanilla Cookies	20 EGGO® Mini French Toast with Chocolate Chips with Pancake Syrup Turkey Sausage TriTator	21 Baked Chicken Drumstick with Cornbread Mashed Potatoes and Chicken Gravy	22 Nacho Supreme With Beef Taco Meat Cheddar Cheese Sauce Cup Tostitos® Tortilla Chips Shredded Lettuce Roma Tomato Refried Beans Golden Corn	23 No School 
26 Mini Corn Dogs Freshly-made Cole Slaw Potato Wedge Fries	27 EGGO® Mini Maple Pancakes with Pancake Syrup Hashbrown Turkey Sausage	28 Crispy Chicken Tenders with Bbq Sauce Cup or Honey Cup Mashed Potatoes and Chicken Gravy Double Chocolate Muffin	March 1 Crazy Cheesy Bread with Marinara Sauce for dipping Crisp Waffle Cut Fries	March 2 Turkey Pepperoni Deep-Dish Pizza Seasoned Corn Sidekick 100% Fruit Slushie

News

A Fresh Veggie and
Fruit Bar is Offered

Every Day!

Romaine lettuce, cherry tomatoes,
baby carrots, sliced cucumbers
and Lo-Fat Ranch Dressing are
offered each day along with fresh
and canned fruit

on a self-service station. At least
one serving of fruit which is equal
to ½ cup, 100% fruit juice or
veggie must be taken with the
lunch as per National School
Lunch Regulations but students
are welcome to take as many
fresh salad items as they can eat!

A choice of
1% White Milk or
Chocolate Milk is
included with every
lunch.

USDA is an equal opportunity
provider and employer.



Happy
Valentines
Day