

MARCH 2018



Zion Christian School

Student Lunch - \$2.65 or Reduced Price \$.40, Milk Only (for all students) -\$.50, Adult Lunch - \$3.40, Extra Main Item w/ Lunch purchase - \$1.65

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BE A HERO

DID YOU KNOW...

AN OLD PROVERB SAYS, "MARCH COMES IN LIKE A LION, AND GOES OUT LIKE A LAMB," WHICH IS REFERENCE TO WINTER ENDING AND SPRING BEGINNING. ANOTHER POPULAR SAYING IS "MARCH IS MAD AS A HARE," WHICH IS A REFERENCE TO THE ANIMALS FIGHTING EACH OTHER.

On February's menu **1**

On February's menu **2**

5
Crispy Baked Chicken Breast on a soft hamburger bun
Potato Smiles
Applesauce

6
Colby Cheese Omelet
Cold Cereal Choice
Hot Fudge Poptart
Cheddar Cheese Potato Spudz

7
Boneless Chicken Wing Nuggets
BBQ or Honey Cup for Dipping
Mashed Potatoes and Chicken Gravy
Honey Whole Wheat Dinner Roll

8
Nacho Supreme with Beef Taco Meat
Cheddar Cheese Sauce Cup
Tostitos Tortilla Chips
Shredded Lettuce
Roma Tomatoes
Refried Beans
Corn

9
Whole Grain Pepperoni and Mozzarella Pizza Square
Crisp Cross Cut Fries

12
Macaroni and Cheese
Steamed Broccoli
Rice Krispie Treat

13
Mini Maple EGO Waffles with Pancake Syrup
Turkey Sausage
TriTator

14
Chicken Fries with Cheddar Pretzel Bosco Stick
Golden Corn

15
Sack Lunch
Sliced Turkey Ham with American Cheese Slice on a soft
Hamburger Bun
Baby Carrots
and Light Ranch for Dipping
Cheez-it Crackers
Mixed Berry Fruit Snacks

16
All Beef Hotdog on a whole grain bun
Harvest Cheddar Sun Chips
Baked Beans
Sidekick 100% Fruit Slushie

19
Corn Dog on a Stick
Fresh Cole Slaw
Potato Wedges

20
Cinnamon French Toast
Turkey Sausage
Baked Tater Tots

21
Boneless Chicken Nuggets
BBQ or Honey Cups for Dipping
Mashed Potatoes and Chicken Gravy
Keebler Gripz Chocolate Bites

22
Nacho Supreme with Beef Taco Meat
Cheddar Cheese Sauce Cup
Tostitos Tortilla Chips
Shredded Lettuce
Roma Tomatoes
Refried Beans
Corn

23
Loaded Pepperoni Pizza Sticks
Baked Seasoned Potato Cubes

26
Twin Cheeseburger Sliders
Ruffles Potato Chips
Crazy Fruit Roll Up

27
EGO Mini French Toast with Chocolate Chips
Pancake Syrup
Turkey Sausage
TriTator

28
Baked Chicken Drumstick
Cornbread
Mashed Potatoes and Chicken Gravy

29
Walking Tacos
Beef Taco Meat
Shredded Cheese
Tostitos Tortilla Chips
Shredded Lettuce
Roma Tomatoes
Refried Beans
Corn

No School Begins **30**



Available Every Day on the Veggie Fruit Bar

Romaine lettuce, cherry tomatoes, baby carrots, sliced cucumbers and Lo-Fat Ranch Dressing are offered each day along with fresh and canned fruit on a self-service station.

At least one serving of fruit which is equal to ½ cup, 100% fruit juice or veggie must be taken with the lunch as per National School Lunch Regulations but students are welcome to take as many fresh salad items as they can eat!

A choice of 1% White Milk or Chocolate Milk is included with every lunch.

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